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# CHANGE REBOOT FLOW

## FROM CONSTRICTION TO CLARITY

Core  
Optional

*Unseen barriers*



### CONSTRICTION

Beliefs working against you  
Energy lacking cohesion  
Effort not coming together

*Change breaks down or slows down*  
*Path becomes muddy*



### CLARITY

Perspective break & insight expansion  
Focused adjustments

(MOMENTUM REBOOT DIAGNOSTIC & SPRINT)

*Momentum sustained*

### CUT-THROUGH

Focused follow-through  
Wider ripple effect  
Change aligns with intent

(30-DAY SUPPORT)



*Clarity restored; Renewed optimism;*  
*Path forward defined; Momentum reignited*