



GABRIELLE  
PIMSTONE  
Corporate Trainer &  
Facilitator, Speaker,  
Transformation  
Coach

Book Gabrielle now:  
Ph: + 61 481 732 035  
[gabrielle@generativehs.com](mailto:gabrielle@generativehs.com)  
[Exploratory call](#)

**PROFESSIONAL BIOGRAPHY**

With 30 years' experience in organisational change, Gabrielle stands out as a seasoned speaker, corporate facilitator, trainer, and coach on the topic of organisational change.

Since 1994, Gabrielle has taught thousands of leaders and employees around the world how to *navigate, lead, and thrive through change*. She has coached leaders and teams and facilitated change for Fortune 100 companies like Microsoft and Verizon Communications.

Her vast experience and insight as a facilitator help participants explore the complexities of human behaviour during change in a relatable, empowering, and practical way.

Her ability to connect with audiences and address the real, raw challenges of change makes her sessions not just informative but transformative.

Known for her engaging and no-nonsense style, she keeps audiences actively participating and on their toes.

Gabrielle has worked with hundreds of companies and public sector organisations from Investec Bank, Johnson & Johnson, Sydney Airport, Insignia Financial, Queensland Health, Bravura Solutions, Old Mutual (UK), Nedbank (South Africa), Sappi (EMEA and Americas), Discovery Insurance, VGCCC, Royal Australasian College of Physicians and the list goes on...

Gabrielle has facilitated and spoken at leadership conferences and programs, guiding thousands successfully through periods of significant change.

Her work with countless intact teams has driven significant improvements in accountability and change.





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Gabrielle addresses some of the most persistent challenges in organisational change, breaking them down into targeted topics for her talks and short courses.

She tackles these intractable issues head-on, offering clear strategies for overcoming them.

**What industry leaders are saying:**



“Delighted to recommend Gaby. She’s an excellent facilitator. She understands people and how to get the best out of them.”

*Peter McIntyre, CEO and NED, CIGRE*



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**SIGNATURE PROGRAMS**

**From Point B to Point A**

- Own your part in driving change
- Tackle blame and shift the focus to solutions
- Reclaim your power to make change a success
- Use simple tools to foster personal accountability in self and others

**28 Days to Change**

- Master a proven method for fast breakthroughs
- Move from recognising challenges to owning them
- Create real change with hands-on problem-solving
- Integrate change into daily routine

**Mastering Change leadership**

- Develop authentic presence to build trust and confidence
- Navigate emotional responses to change in yourself and others
- Use your influence to inspire and mobilise meaningful action



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**What industry leaders are saying:**

“Gaby is a world-class facilitator and

speaker, bringing a unique blend of skills to the fore – empathy, neutrality, creativity, adaptability and exceptional communication skills - to deliver consistently outstanding results for her clients.”

*Jennie McLaughlin, Chief Purpose Officer and former EY Market Lead*

**Customisation options:** This session can be customised into an onsite or virtual:

- 60-minute talk
- Short course in half-day, full day, and 2-day formats

**Alternate title:**

Blame Out, Accountability In: Making Real Change Happen

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**FROM POINT B TO POINT A**

*Is blame holding back change in your organisation?*

This enlightening session gives business leaders and professionals insights and techniques to step out of ‘the game where no-one wins’.

In this session, you will learn how organisations are changing from Point B (Blame) to Point A (Accountability) to be effective at change.

See everyone in your team step up into a new and elevated version of themselves to become more proactive and accountable for making change happen in the organisation.

- **Own your part:** Recognise that personal accountability is crucial for driving transformation
- **Tackle the blame game:** Learn strategies to overcome blame and shift focus to solutions
- **Reclaim your power:** Discover how to take control and make change happen
- **Lead by example:** Use three simple tools to foster personal accountability with yourself

**Audiences:** Small / medium / large size organisations, and startup / scaleup founders who want their people to take greater accountability for creating change.

**For:** Conference keynotes or breakouts, corporate events, leadership programs, team offsites.



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**What industry leaders  
are saying:**

“I found the sessions  
empowering and they  
created shifts for me.  
For example,

initiating a difficult work conversation  
with a positive open mindset that went  
very well.”

*Dianne Norton, Program Manager, Old  
Mutual*

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**Customisation options:** This program  
can be customised into an onsite or  
virtual version.

**Alternate titles:**

- Mastering the Four-Turn Change  
Method
- From Intent to Impact: Doing Change  
Really Efficiently

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**28 DAYS TO CHANGE**

*Do you need a quick breakthrough?*

Change doesn't have to be slow. Immersion  
speeds up the process, and with the right  
focus, teams can make a significant  
breakthrough in one month. This  
empowering team-based short course and  
experiential program consists of four live  
sessions and 20 daily tools built around a  
proven methodology for rapid change.

Improve accountability, aligned action, and  
internalisation of change. When enough  
people adopt these practices, real change  
becomes inevitable.

- Zero in on your main obstacle and define  
a clear **breakthrough goal**
- Learn a **replicable method** for achieving  
rapid breakthroughs
- Achieve a **breakthrough** in 28 days
- Transition from understanding challenges  
to taking **ownership**
- **Drive real change** through hands-on  
experience
- Apply **resilience techniques** to navigate  
setbacks
- **Embed** new practices and prevent  
reverting to old patterns

**Audiences:** Ideal for intact teams, project  
teams, leadership cohorts and HR  
communities who are committed to making  
real change. Suitable for small, medium,  
and large-sized organisations, and startup /  
scaleup founders.



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Transformation Coach



### What industry leaders are saying:

“I was particularly impressed by Gaby’s cultural and business insight, reflective

thinking, facilitation skills, and energy and drive. She received strong feedback from all key stakeholders.”

*Duncan Thomas, Chief People Officer,  
Bravura Solutions*

**Customisation options:** This session can be customised into an onsite or virtual:

- 60-minute talk
- Short course in half-day, full day, and 2-day formats

### Alternate title:

Stop Rearranging the Deck Chairs



## MASTERING CHANGE LEADERSHIP

*How do you maintain your edge as a leader of change?*

Gabrielle’s approach delves into the nuances of leading change, focusing on three core areas:

- **Inspire change in every exchange:** Step into your authentic presence to build trust and confidence in your vision for change.
- **Master the human response to change:** Actively manage and guide emotional and psychological responses during change – in yourself and others.
- **Leverage influence for positive change:** Discover how to use rank and authority to inspire and mobilise others towards meaningful change.

Through these strategies, leaders can elevate their impact and guide their teams through meaningful, lasting change.

**Audiences:** Intact leadership teams and project leaders. Suitable for small, medium, and large-sized organisations, and startup / scaleup founders.

**For:** Conference keynotes or breakouts, corporate events, leadership programs and offsites.

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# Companies Gabrielle has spoken / trained / facilitated at on the topic of organisational change



Queensland Government  
Queensland Health



The Royal Australasian  
College of Physicians



Insignia  
Financial



Commonwealth Bank



splend



kea



Johnson  
& Johnson



Heraeus



stats sa  
Department:  
Statistics South Africa  
REPUBLIC OF SOUTH A



sappi.com

